

**Annual Report (2023–24)****1. Overview**

During the Academic Year 2023–24, the ADCET Counselling Cell provided structured psychological support to students across departments. Services focused on academic stress, emotional well-being, personal concerns, and mental health.

2. Student Attendance Summary

Total Unique Students Attended: 128

Boys Attended: 72

Girls Attended: 56

3. Department-wise Distribution

Department	Number of Students
• First Year (Common)	34
• CSE / AI-DS / IOT	38
• Aeronautical	22
• Mechanical	14
• Civil	8
• Electrical / E&TC	6
• Alumni / Medical / Others	6

4. Reason-wise Distribution

Reason	Number of Students
• Study / Academic Stress	36
• Anxiety	24
• Depression	18
• Overthinking	14
• Personal / Family Issues	16
• Addiction (Mobile)	8
• Attendance / Motivation	6
• Anger / Behavioral	6

5. Conclusion

The counselling services during 2023–24 contributed positively to students' emotional well-being, academic adjustment, and coping skills. Increased utilization reflects growing awareness and trust in psychological support services at ADCET.



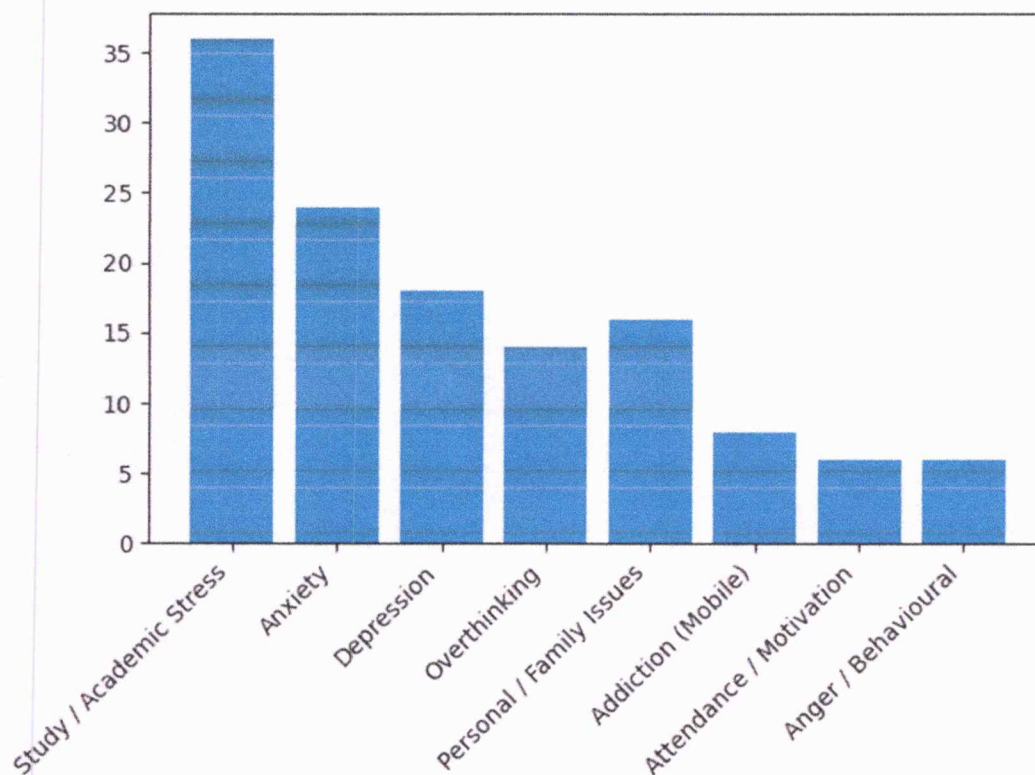


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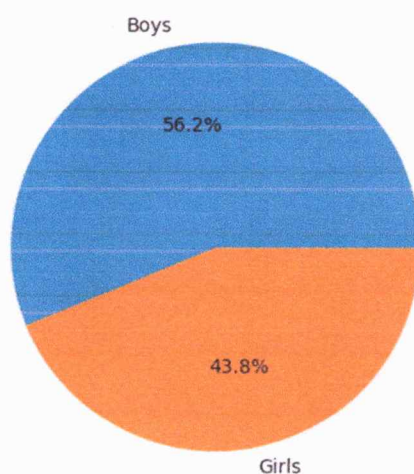
Annasaheb Dange College of Engineering and Technology, Ashta

Graphical Representation of Counselling Data

Reason-wise Distribution



Gender-wise Distribution



Counsellor
ADCET, Ashta

Director
ADCET, Ashta

