



Annual Report (2024–25)

1. Overview

During the Academic Year 2024–25, the Counselling Cell provided individual counselling and psychological support to students across departments for academic, emotional, behavioural, and mental health concerns.

2. Student Attendance Summary

Total Unique Students Attended: 96

Boys Attended: 54

Girls Attended: 42

3. Department-wise Distribution

Department	Number of Students
• First Year (Common)	28
• CSE / AI-DS / IOT	29
• Aeronautical	16
• Mechanical	9
• Civil	7
• Electrical / E&TC	5
• Alumni / Others	2

4. Reason-wise Distribution

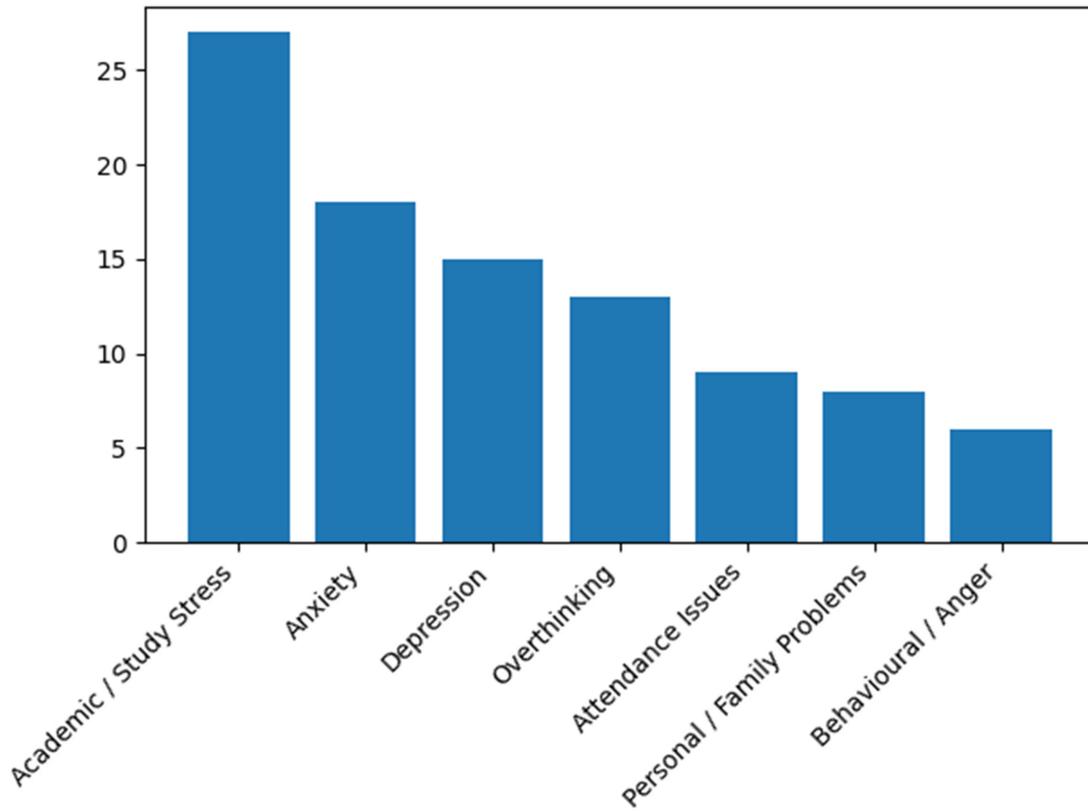
Reason	Number of Students
• Academic / Study Stress	27
• Anxiety	18
• Depression	15
• Overthinking	13
• Attendance Issues	9
• Personal / Family Problems	8
• Behavioral / Anger	6

5. Conclusion

The counselling services during 2022–23 contributed positively to students' emotional well-being, academic adjustment, and coping skills. Increased utilization reflects growing awareness and trust in psychological support services at ADCET.

Graphical Representation

Reason-wise Distribution



Gender-wise Distribution

