



## Annual Report (2022–23)

### 1. Overview

During the Academic Year 2022–23, the ADCET Counselling Cell provided psychological support to students from various departments and academic years. The services focused on academic, emotional, personal, and behavioural concerns.

### 2. Student Attendance Summary

**Total Unique Students Attended Counselling: 94**

**Boys Attended: 52**

**Girls Attended: 42**

### 3. Department-wise Distribution

Department	Number of Students
• First Year Engineering (Common)	28
• Computer Science / AI-DS / IOT	22
• Mechanical Engineering	16
• Civil Engineering	9
• Electrical / E&TC	11
• Others / Alumni	8

### 4. Reason-wise Distribution

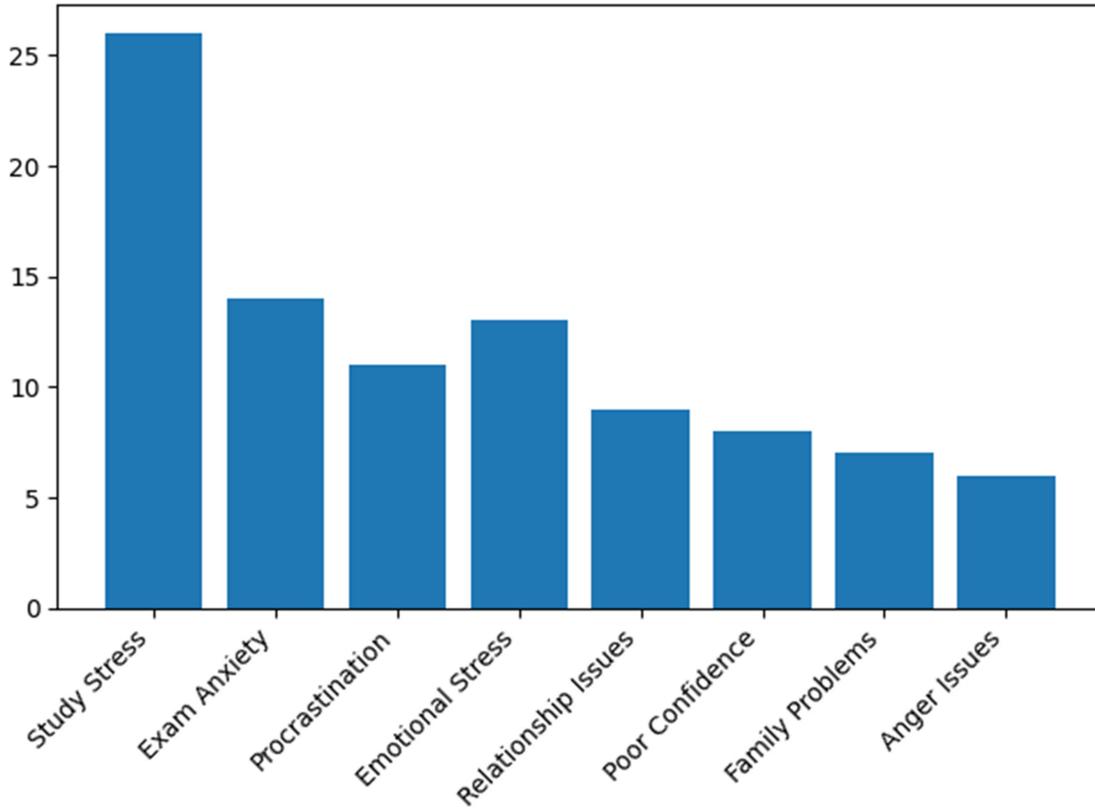
Reason	Number of Students
• Study Stress / Academic Pressure	26
• Exam Anxiety / Fear of Failure	14
• Procrastination / Poor Motivation	11
• Emotional Stress / Anxiety	13
• Relationship Issues	9
• Poor Confidence / Self-Esteem	8
• Family-related Problems	7
• Anger / Behavioral Issues	6

### 5. Conclusion

The counselling services during 2022–23 contributed positively to students' emotional well-being, academic adjustment, and coping skills. Increased utilisation reflects growing awareness and trust in psychological support services at ADCET.

## Graphical Representation of Counselling Data

### Reason-wise Distribution



### Gender-wise Distribution

